

Internat
Day of Yo

International

Yoga Day

2021

(IYD-2021)



"Dissemination of Education for Knowledge, Science and Culture"
-Shikshanmaharshi Dr. Bapuji Salunkhe

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**Shri Swami Vivekanand Shikshan Sanstha Kolhapur's
Shikshanmaharshi Dr. Bapuji Salunkhe Mahavidyalaya, Miraj**

16 MAH BN NCC SANGLI

Department of NCC

Academic Year 2021-22

Date: 15/06/2021

NOTICE

It is informed to all NCC SD/SV cadets that Our college is going to celebrate International Day of Yoga which is scheduled on 21st June 2021 by doing Common Yoga Protocol (CYP) @ Home with family. It is mandatory to all cadets to participate in the same. Cadets have the option of using the national Television or any other appropriate CYP video for guidance.

Yoga with family or individual wear a mask compulsory.

Name of the Activity: IDY-2021

List of the Activities: Fitness @ Home, Fitness in Immediate Neighborhood, Yoga, Pranayamas, Mudras etc.

Day: 21st June, 2021, Morning 0700hrs to 1000hrs.

Digambar R. Nagarthawar

(Lt. D. R. Nagarthawar)
L. Digambar R. Nagarthawar
Associate NCC Officer,
Shikshanmaharshi Dr. Bapuji Salunkhe
College, Miraj.



J. L. Bhosale
(Dr. J. L. Bhosale)
Principal,

Shikshanmaharshi Dr. Bapuji Salunkhe
College, Miraj.